



Do you feel alone? Are you frustrated or angry with each other? Do you argue or have you stopped talking to each other? Does talking only make it worse? Are you going in circles at counseling?

You Can Help Your Marriage!

Retrouvaille (pronounced retro-vi, meaning rediscovery) helps couples through difficult times in their marriages. So many couples struggle alone with their difficulties. Retrouvaille offers those stuck in a rut, the chance to rediscover a loving relationship in their marriage by connecting with other couples who made it through their difficulties.

You are NOT alone. This world-wide Catholic program has helped tens of thousands of couples.

Our next program starts Feb 20th, please call **585-293-1552** with confidential questions or visit the web site at www.HelpOurMarriage.org